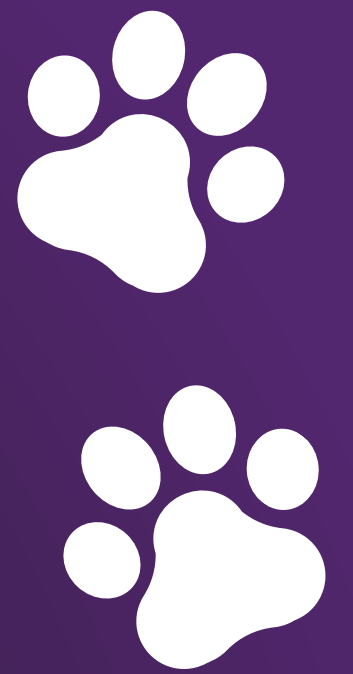


HAMBURG CENTRAL SCHOOL DISTRICT SUMMER 2024 PROGRAMMING



LOOK INSIDE FOR:

- INSTRUMENTAL PROGRAMS
- ATHLETIC PROGRAMS

WE LOOK FORWARD TO SEEING YOU THIS SUMMER!

GENERAL INFORMATION

DEAR HAMBURG FAMILIES,

We are pleased to present the summer offerings for the Summer of 2024. We take great pride in Hamburg Central School District's summer programming, which offers instrumental and athletic opportunities to students of the District.

We find great importance in providing these programs for our students to support continuous learning and growth opportunities for our children throughout the summer months. Our summer programs are comprehensive, inclusive and growing! We hope you find opportunities that appeal to your students' interests and needs.

IMPORTANT NOTES

- Registration and payment for summer programs is required before your child will be permitted to participate.
- For program specific questions, please contact the instructor/coach directly using the email provided.
- You will be notified by the coach/instructor if a program is canceled or needs to be rescheduled.
- Once programs begin, there are no refunds except those for verified medical conditions.

ENTERING OUR SCHOOLS

As part of the district's security protocol, only certain exterior school doors will be unlocked for summer programming participants to gain entry to programs. For summer instrumental programs, entry will be through the main doors of District buildings, unless otherwise directed by the program coordinator. For athletic programs, participant entry will occur through door #30 (gym door) off the Legion Drive parking lot.

Thank you for your cooperation.

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REGISTRATION

- All registration and payments are completed online.
- Payment by credit card or debit card will be approved and processed through the system upon completion of the registration.
- Instructors will not accept registrations and payments on site.
- **If there are extenuating circumstances that prevent you from paying online, please contact Lisa Battershell at lbattershell@hcsdk12.org.**

ATHLETIC PROGRAMS

Come join the Hamburg Girls basketball coaching staff along with current and former players this summer to learn or advance the fundamentals of the game of basketball! We will be working on footwork, ball-handling, dribbling, shooting and passing in small groups. Our dynamic drills and games will enhance a young athlete's understanding of basketball. The skilled coaching staff will bring energy and fun to each skill session while also promoting playing hard and good sportsmanship.

Program Title: Girls' Basketball Skill Workouts (**High School**)

Coaches: Amy Steger, Erin Ryan, Tom Ryan, Anna Chiacchia

Coach Contact: Amy Steger, asteger@hcsdk12.org

Grades: Girls entering grades 9th-12th

Dates: Tuesdays and Wednesdays July 23, 24, 30, 31
August 6, 7, 13, 14

Time: 9:00am - 10:15am

Location: Hamburg High School Gym

Cost: \$50

[CLICK HERE TO REGISTER!](#)

Program Title: Girls' Basketball Skill Workouts (**Elementary/Middle School**)

Coaches: Amy Steger, Erin Ryan, Tom Ryan, Anna Chiacchia

Coach Contact: Amy Steger, asteger@hcsdk12.org

Grades: Girls entering grades 3rd-8th

Dates: Tuesdays and Thursdays July 23, 25, 30
August 1, 6, 8, 13, 15

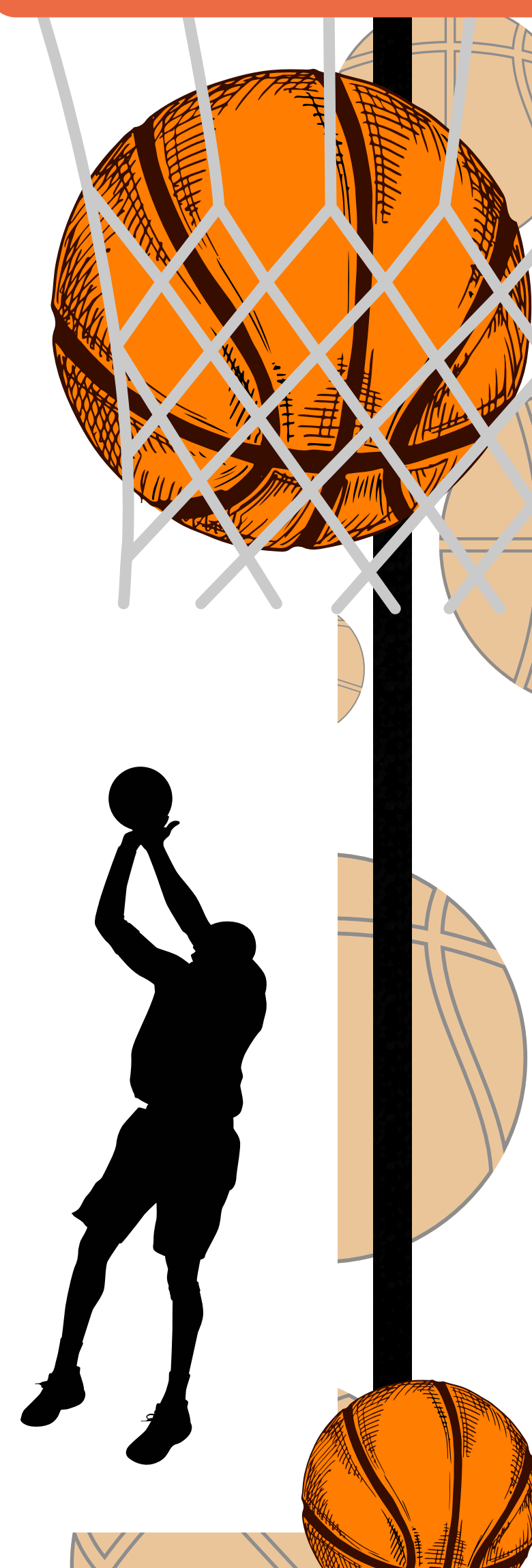
Time: 10:15am - 11:30am

Location: Hamburg High School Gym

Cost: \$50

[CLICK HERE TO REGISTER!](#)

girls' basketball



cross
country

Program Title: Summer Cross Country Camp

Description: Hamburg's summer running program helps you get faster, stay in shape and learn how to run. All while having fun and making new friends in a positive and encouraging environment!!

Coaches: Ron Fortuna, Kyle Brown, Emily Izydorczyk

Coach Contact: Ron Fortuna, rfortuna@hcsdk12.org

Grades: Students entering 7th - 12th grade

Dates/Times: Tuesdays & Thursdays July 9, 11, 16, 18, 23, 25, 30
(6:00 - 7:30pm) Aug. 1, 6, 8, 13, 15, 20, 22

Saturdays July 13, 20, 27
(9:00 - 10:30am) Aug. 3, 10, 17, 24

Location: Chestnut Ridge (Meet @ Casino)

Cost: \$50/individual, \$75 family rate

[CLICK HERE TO REGISTER - INDIVIDUAL!](#)
[CLICK HERE TO REGISTER - FAMILY!](#)



ATHLETIC PROGRAMS

boys & girls soccer

Program Title: Hamburg High School Girls' Soccer Camp

Description: July skills training to prepare for tryouts and fall season

Coach: Krissy McCabe

Coach Contact: kmccabe@hcsdk12.org

Grades: Students entering 7th - 12th grade

Dates: July 8, 9, 11, 16, 18, 23, 25, 30

Time: 9-11am

Location: Grass Field by tennis courts

Cost: \$50

[CLICK HERE TO REGISTER!](#)

Program Title: Hamburg High School Boys' Soccer Camp

Description: Technical skills camp focusing on improving dribbling, passing, shooting, and positioning

Coach: Seth Heeter

Coach Contact: Seth Heeter, sheeter@hcsdk12.org

Grades: Students entering 9th - 12th grade

Dates: Tuesdays and Thursdays July 9, 11, 16, 18, 23, 25, 31
August 6, 8, 13, 15, 20, 22

Time: 5:00pm - 7:00pm

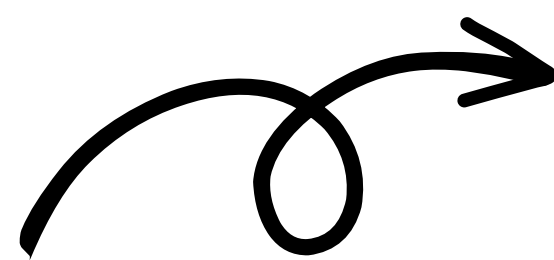
Location: Howe Field Turf

Cost: \$50

[CLICK HERE TO REGISTER!](#)



JOIN THE BULLDOGS
BOOSTER CLUB TODAY!



scan me!

ATHLETIC PROGRAMS

football

Program Title: Hamburg Football Summer Strength & Conditioning Program

Description: This 6 week program is designed to improve strength, agility, speed and injury prevention. The program is also intended to build teamwork and communication amongst participants. Program includes both weight training and field work. Sneakers, cleats, & water are required. This program is non-contact.

Coaches: Jeff Tripp, Mark Fregelette, Ryan Turner

Coach Contact: Jeff Tripp, jtripp@hcsdk12.org

Grades: Students entering 9th-12th grade

Dates: Mondays, Tuesdays, Wednesdays and Thursdays

July 8, 9, 10, 11, 15, 16, 17, 18, 22, 23, 24, 25, 29, 30, 31

August 1, 5, 6, 7, 8, 12, 13, 14, 15

Time: 8:30-10am

Location: Hamburg High School Weight Room and Howe Field Turf

Cost: \$50

[CLICK HERE TO REGISTER!](#)

Program Title: Hamburg Modified Football Summer Strength & Conditioning Program

Description: This program is designed to improve strength, agility, speed and injury prevention. The program is also intended to build teamwork and communication amongst participants. Program includes both weight training and field work. Sneakers, cleats, & water are required. This program is non-contact.

Coach: Andy Godios

Coach Contact: Andy Godios, agodios@hcsdk12.org

Age/Grades: Students entering 7th-8th grade

Dates: July 9, 11, 16, 18, 23, 25, 30

August 1, 6, 8

Time: 9:30am - 11:00am

Location: Hamburg High School Weight Room & Grass Fields adjacent to Legion Drive Student Parking Lot

Cost: \$50

[CLICK HERE TO REGISTER!](#)



ATHLETIC PROGRAMS

cheerleading

Program Title: Summer Cheerleading

Description: The summer practice program will consist of several weeks of conditioning, stunting, tumbling and dance. The goal is to prepare your child for the upcoming cheerleading season by improving their strength, endurance, technique and skills. The first few weeks will focus on conditioning and basic skills such as jumps, stunts and tumbling. This is to build a solid foundation and prevent injuries. The coaches will also be assessing the skills and abilities of each athlete. As the weeks progress, the skills will become more advanced and challenging.

Your child will be expected to work hard and push themselves to improve. The coaches will provide feedback and guidance to help your child reach their full potential. It's important to emphasize the importance of safety and injury prevention. Your child should properly warm-up and stretch before each practice, wear appropriate clothing and shoes, and communicate any pain or discomfort to the coaches. Overall, the summer practice program is a great opportunity for your child to improve their skills, bond with their teammates and prepare for the upcoming cheerleading season. Encourage them to work hard, have fun, and stay positive!

Coaches: Justina Grudzinski, Kyle Murphy, Kari Monk

Coach Contact: Justina Grudzinski, jgrudzinski@hcsdk12.org

Grades: Students entering 9th - 12th grade

Dates/Times: Tuesdays & Thursdays July 9, 11, 16, 18, 23, 25, 30
(10:30-12:30) August 1, 6, 8, 13, 15, 20, 22

Location

July: HMS Gym/Field

August: HMS Gym

Grades: Students entering 7th/8th grade

Dates/Times: Mondays & Wednesdays July 8, 10, 15, 17, 22, 24, 29, 31
(3:30-5:30) August 5, 7, 12, 14, 19, 21

Location: HHS Field

Cost: \$50

[CLICK HERE TO REGISTER!](#)



ATHLETIC PROGRAMS

beginner

Program Title: Beginning Field Hockey Camp

Description: This course is designed to teach the basic skills and game concepts of field hockey to new players. Sticks will be provided for players needing them.

Supplies: Water bottle, mouth-guard, shin guards, cleats (if you have them).

Coaches: Emily Smardz, Kelly Owens

Coach Contact: Emilee Smardz, esnardz@hcsdk12.org

Kelly Owens, kowens@hcsdk12.org

Grades: Students entering 4th-7th grade

Dates: Monday - Thursday, August 5-8

Time: 4:00pm-6:00pm

Location: Hamburg High School Grass Field

Cost: \$50

[CLICK HERE TO REGISTER!](#)

advanced

Program Title: Advanced Field Hockey Camp

Description: Advanced Field Hockey will teach and refine the skills involved in Field Hockey as well as game aspects. Students will take part in 7v7 and 11v11 games. The course is perfect for girls with an interest in learning a new sport. If any date needs to be cancelled, it will be posted on the Varsity Field Hockey website.

Supplies: Water bottle, mouth-guard, shin guards, cleats (if you have them).

Coaches: Kelly Owens, Kelsey Gregoire, Emilee Smardz

Coach Contact: Kelly Owens, kowens@hcsdk12.org

Grades: Students entering 8th-12th grade

Dates: Monday/Wednesday July: 8, 10, 15, 17, 22, 24, 29, 31

August: 5, 7, 12, 14

Time: 7:30am - 9:30am

Location: Howe Field Turf or Baseball/Softball turf fields

Cost: \$50

[CLICK HERE TO REGISTER!](#)

field hockey

